

Who What Where How

Adult Family Homes (AFH)



What is an Adult Family Home or AFH?

An AFH is a residence, owned or rented by a licensed provider, which provides room and board, 24-hour supervision, and personal care for two to six adults. These homes are licensed, contracted, and regulated by DSHS through Aging and Adult Services.

Who lives in adult family homes?

AFHs are available to all persons over age 18 who have a functional disability requiring support and supervision. Residents can be private pay or funded through DSHS. DSHS residents are funded through Aging and Adult Services (AASA), the Division of Developmental Disabilities (DDD), or the Mental Health Division (MHD).

How many adults with developmental disabilities live in AFHs?

As of November 2001, DDD was paying for 1185 adults in about 430 homes.

What training is required for AFHs to serve adults with developmental disabilities?

All AFH caregivers are required to complete the Fundamentals of Caregiving course and 10 hours of continuing education per year. Licensed providers must complete DDD Specialty Training before admitting an adult with developmental disabilities. DDD provides the specialty training and in-home technical assistance specific to the person's and provider's needs.

What additional training is offered to AFHs?

DDD offers a number of trainings specific to disability issues as an option for AFH providers and caregivers to fulfill their continuing education requirements. These trainings are free of charge to the AFH.

What does DDD expect from AFH providers?

All AFH providers are required to respect resident rights and preferences, and provide a safe and healthy environment. In addition, DDD provides training on quality of life outcomes: Power and Choice; Relationships; Competence; Health and Safety; Integration; Status and Contribution.

What services are provided in an AFH?

An adult family home is required to provide room and board, 24-hour supervision, and assistance with personal care as identified in the person's assessment and service plan.

Each resident must have a Comprehensive Assessment and service plan completed by the DDD case resource manager prior to admission. This assessment is done with the person and his or her family or guardian. The assessment details the person's support needs and preferences for services, and also determines the level of care and rate for services. This assessment and service plan must be reviewed annually with an in-home, in-person interview by the DDD case resource manager.

In addition, the AFH provider is required to negotiate a personalized plan of care with the resident and his or her family or guardian with input from the DDD case resource manager. This plan of care builds upon and expands the DDD service plan and includes services and activities negotiated between the person and provider, such as access to community activities, and transportation.

Who pays for AFH?

Residents must participate towards the cost of their room and board from their income. DDD pays the remainder of the cost, up to the DSHS rate for each person’s assessed level of need.

Who oversees the AFH?

AASA and DDD share the oversight responsibility for AFH providers and residents.

AASA has responsibility for licensing and abuse investigations:

- The AASA licensor visits each licensed AFH annually. These visits are unannounced. Violations of licensing regulations can result in additional training/consultation; fines; stop placements; or license termination, revocation, or suspension.
- AASA also investigates all complaints of resident abuse called into the AASA hotline at 1-866-363-4216.

DDD provides:

- **Case Management:** The case resource manager must complete an annual in-person reassessment.
- **Quality Improvement (QI):** Regional QI staff visit AFHs at least once per year to assess the quality of the services and provide consultation and training. Most of these visits are unannounced.
- **Nursing Oversight:** A registered nurse makes an average of two in-home visits per year to assess the service plan and provide consultation and training to providers.

Nondiscrimination. It is the policy of the Department of Social and Health Services that no person shall be subjected to discrimination in this agency or its contractors because of race, color, national origin, gender, age, religion, creed, marital status, disabled or Vietnam Era Veteran status, or the presence of any physical, mental, or sensory handicap.

How do I choose an AFH?

The adult with disabilities and his or her family or guardian select the provider. The provider must be certified as a DD Specialty Home, and licensed and contracted with DSHS. You can call 1-800-372-0186 for a listing of vacancies in your area or ask your case resource manager to provide a listing of DD Specialty Homes with vacancies.

DDD must authorize the placement before you move in.

Where can I get further information about AFHs?

You can call your regional DDD office and ask to speak with the AFH QI case resource manager.

You can request a copy of the State laws and rules governing AFHs by calling AASA at 1-800-422-3263 and ordering a manual for \$10.

You can consult the Long Term Care Ombudsman Program at 1-800-562-6028.

You can review the AASA Internet Web site at www.aasaweb.dshs.wa.gov



Region 1 (N.E. Washington)
1-800-462-0624

Spokane 509-456-2893 TTY 509-456-5050	Colfax 509-397-4608
Wenatchee 509-662-0430	Colville 509-685-5649
Moses Lake 509-764-5673	Omak 509-846-2098

Region 2 (S.E. Washington)
1-800-822-7840

Yakima 509-225-7970 TTY 509-225-7987	Kennewick 509-374-2111
Sunnyside 509-836-5438	Walla Walla 509-527-4374
Clarkston 509-751-4638	Wapato 509-877-5714
Ellensburg 509-962-7761 TTY 509-962-7738	

Region 3 (N.W. Washington)
1-800-788-2053

Everett 425-339-4833 TTY 425-339-4850	Oak Harbor 360-240-4726
Bellingham 360-676-2000 TTY 360-738-6256	Mt Vernon 1-800-491-5266 360-416-7261 TTY 360-416-7270

Region 4 (King County)
1-800-314-3296

Kent 253-872-6490 1-800-974-4428 TTY 253-872-2762	Seattle 206-568-5700 TTY 206-720-3325 Adult Family Home
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Region 5 (Pierce/Kitsap County)
1-800-248-0949

Tacoma 253-593-2812 TTY 253-572-7381	Bremerton 360-475-3490 TTY 360-475-3492
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Region 6 (S.W. Washington
and Olympic Peninsula)
1-800-339-8227

Olympia 360-570-3150 TTY 360-586-4719	Shelton 1-800-222-8295 360-432-2039
Port Angeles 877-601-2760	Port Townsend 360-379-4053
Centralia 360-807-7010	Aberdeen 360-537-4360
South Bend 360-875-4244	Kelso 360-501-2520 TTY 360-501-2489

Vancouver 360-696-6350 1-888-877-3490 TTY 360-690-4738	Long Beach 360-642-6237
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THE MISSION of the Division of Developmental Disabilities (DDD) is to endeavor to make a positive difference in the lives of people eligible for services, through offering quality supports and services that are: individual/family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.